

# Venkatraman Chandra-Mouli

## Report of work in 2025

### I continued to learn, and to keep track of developments in the field.

01

I read journal papers and blog articles. The principal sources of these papers and articles were posts on LinkedIn, X, and Research Gate; and publication alerts.

02

I read posts on LinkedIn (primarily) and X.

03

I learned from the journal papers I peer reviewed (further details provided below).

04

I searched for information on the Internet, using Google and increasingly ChatGPT.

05

I learned from participating in webinars and conferences (further details provided below), and from listening to podcasts/watching webinar recordings.

### I distilled and actively communicated my learnings and their implications:

#### 1. Five journal papers that I coauthored were published in peer-reviewed publications:

- ▶ Elnakib S, K Ali A, Mieth K, Chandra-Mouli V. Mapping the evidence on interventions that mitigate the health, educational, social and economic impacts of child marriage and address the needs of child brides: a systematic scoping review. *Sexual and Reproductive Health Matters*. 2024 Dec;32(1):244-310. <https://www.tandfonline.com/doi/full/10.1080/26410397.2024.2449310>
- ▶ Chandra-Mouli V, Blum RW, Bain LE. Shock Unleashed by Recent U.S. Administrative Actions Cannot Lead to Paralysis. *Journal of Adolescent Health*. 2025 Aug;77(2):178-180. <https://pubmed.ncbi.nlm.nih.gov/40576603/>
- ▶ Mafuta, E., Zarei, K., Egbende, L., Kazenza, B., Bastien, S., & Chandra-Mouli, V. (2025). Feasibility, acceptability, and effectiveness of a package of interventions to improve the performance of health workers in the Democratic Republic of Congo to deliver adolescent and youth sexual and reproductive health services. *Global Health Action*, 18(1). <https://doi.org/10.1080/16549716.2025.2540687>
- ▶ Plesons M, Bastien S, Dyalchand A, Mehta R, Speizer IS, Chandra-Mouli V. Updated World Health Organization Guideline on Preventing Early Pregnancy and Poor Reproductive Outcomes Among Adolescents in Low- and Middle-income Countries. *Journal of Adolescent Health*. 2025 Nov;77(5):803-809. <https://pubmed.ncbi.nlm.nih.gov/40956266/>
- ▶ Chandra-Mouli V. An increase in conceptions in girls under 18, after 14 years of substantial and uninterrupted decline in England and Wales is a wake-up call to the UK government and a warning to governments in low- and middle-income countries! *ReproSex*, 2025, ISSN 3093-575x (Print) / 3093-5784 (Online) <https://www.fpasrilanka.org/sites/default/files/2025-10/Article%2010.pdf.pdf>



#### 2. Two blog articles that I coauthored were published:

- ▶ 2.1 Chandra-Mouli V, Blum RW. We Can and Must Safeguard SRHRProgress and Resist Regression: we have come too far to let it all slip away. <https://www.srh.org/news/we-can-and-must-safeguard-srhr-progress-and-resist-regression-we-have-come-too-far-to-let-it-all-slip-away/>



- 2.2 The Doctor Who Won't Give Up: How One Man's 30-Year Fight is Saving Young Lives Across the Globe, Expert's voice, Global Health Otherwise, September 2025. <https://globalhealthotherwise.com/the-doctor-who-wont-give-up-how-one-mans-30-year-fight-is-saving-young-lives-across-the-globe/>

### 3. A book that I coedited was published:

Senior OSMECO75 YEARBOOK:

<https://drvchandramouli.com/wp-content/uploads/2026/01/OSMECO-75-YEARBOOK.pdf>

### 6. I published one LinkedIn post every month 12 in all.

<b>January 2025</b>	→ About my mother Sharada's life
<b>February 2025</b>	→ About my PhD thesis
<b>March 2025</b>	→ I reposted a Sexual and Reproductive Health Matters post about a blog article that I had published.
<b>April 2025</b>	→ About the golden jubilee of my joining medical college
<b>May 2025</b>	→ The golden jubilee of my joining medical college
<b>June 2025</b>	→ About the aftermath of USAID's closure
<b>July 2025</b>	→ About my daughter Sarita's journey
<b>August 2025</b>	→ About moving beyond one-off training to improve health worker performance
<b>September 2025</b>	→ About an increase in teenage pregnancies in England and Wales after an uninterrupted decline for many years
<b>October 2025</b>	→ I reposted an Enfold Proactive Health Trust post about a webinar which my daughter Sarita contributed to
<b>November 2025</b>	→ I reposted an African Population Health and Research Center post about a series of webinars
<b>December 2025</b>	→ About WHO's updated Medical Eligibility Criteria for Contraceptive Use

I declined invitations to join the advisory committees/boards of organizations but accepted invitations to join advisory committees/groups for time bound technical initiatives which I wanted to be part of.

- 4. Five papers that I coauthored were submitted for consideration to journals. A number of other papers I worked on are at different stages in the development process.
- 5. I scanned posts on LinkedIn and X and responded to at least one every week. In doing so, I connected the post's contents with relevant publications, experiences and reflections. This became both an important way of keeping myself updated, and connecting that with what I already know.

### I provided advice on request<sup>1</sup>:

I was on advisory committees/groups for 7 initiatives:

- 01 The Adolescent Health Learning, Action and Benchmarking Network of the World Bank's Global Financing Facility for Women, Children and Adolescents.
- 02 The African Population Health and Research Center's Young Adolescents Gender Norms and Attitudes Study.
- 03 The Guttmacher Institute's study of resistance to sexual and reproductive health and rights in Ghana.
- 04 The South Asian Association of Regional Cooperation's regional initiative on adolescent pregnancy.
- 05 GirlsNotBrides- UNICEF-UNFPA Global Programme's research priority setting exercise on child marriage
- 06 Rutgers' initiative to develop a tool to support civil society organizations in supporting countries scale up school-based sexuality education programmes
- 07 UNFPA's Eastern and South Africa Regional Office's end of term evaluation of the Safeguarding young people regional initiative.

I provided advice on an ad hoc basis to UN agencies, international NGOs, indigenous NGOs, initiatives/partnerships, universities, funding agencies, and journals. This included providing ideas and suggestions, contributing to concept notes, and reviewing and providing feedback on documents:

- UNFPA Headquarters, UNFPA West and Central Africa Regional Office, UNFPA East and

Southern Africa Office, UNFPA Asia Pacific Regional Office, UNICEF Headquarters, UNICEF Asia Pacific Office, WHO Headquarters, WHO Africa Regional Office, WHO America Regional Office, UNESCO Headquarters

- ▶ World Association of Sexual Health, Rutgers, Pathfinder International, Ethiopia
- ▶ Ramalingaswami Center on Equity and Social Determinants of Health, Prayas, Enfold Proactive Health Trust, Mamta Heath Institute for Mother and Child, Taboo Breakers, Geneva Foundation for Medical Education and Research
- ▶ GirlsNotBrides, Menstrual Health Action for Impact, Global CSE Partnership Forum
- ▶ University of Leuven
- ▶ Norwegian Agency for Development Cooperation
- ▶ Sexual and Reproductive Health Matters, Journal of Adolescent Health, **Springer Nature**

I provided ad hoc advice to 10 students, 6 senior-career professionals, 2 mid-career professionals, and 2 early-career professionals.

I reviewed papers for 6 journals: European Journal of Development Research, Global Public Health, Women and Health, Journal of Adolescent Health, American Journal of Sexuality Education, and Reprosex

## I did teaching and briefing sessions:

I conducted 10 teaching sessions for students from 9 academic institutions:

- ▶ Leeds University, 1 April
- ▶ Swiss Tropical Public Health Institute, Switzerland, 5-6 May
- ▶ London School of Hygiene and Tropical Medicine, UK, 23 June
- ▶ Imperial College, UK, 26 June\*
- ▶ University of Southern California, USA, 10 July
- ▶ University of Leuven, Belgium, 1 August
- ▶ London School of Hygiene and Tropical Medicine, UK, 9 October
- ▶ University of Leuven, Belgium, 16 October
- ▶ Witten/Herdecke, University, Germany, 6 November
- ▶ Institut d'études politiques de Paris, France and North Western University, USA, 7th November\*
- ▶ (\* signifies teaching sessions organized by WHO)

I recorded podcasts for two academic institutions:

- ▶ University of Leeds, UK
- ▶ Johns Hopkins Bloomberg School of Public Health, USA



I worked with the Geneva Foundation for Medical Education and Research and WHO, African Regional Office to run an eight-module course on adolescent sexual and reproductive health and rights for Francophone Africa, from 8th October to 2nd December.

I did briefing sessions for the following organizations:

Sexual Health Alliance, USA 15-16 March  
Indian College of Pediatrics, India 13 August



**I provided support for research, development, policy/programme support, and sharing/learning.**

**Research:**

I guided a group of Nepali NGO staff and academics in writing up an article on a study they had carried out on improving contraceptive uptake in a deprived part of the country.

I supported the African Population Health and Research Centre with their research study on Youth Adolescents' Gender attitudes, norms, health and wellbeing survey, as a member of their advisory group.

I supported GirlsNotBrides and the UNICEF-UNFPA Global Programme on Child Marriage in designing and conducting a structured research priority setting exercise, as a co-chair of their advisory group.

I supported UNFPA's Eastern and Southern Regional Office in conceiving an end of term evaluation of its Saving Young People regional initiative.

### Development:

- ▶ I supported WHO Headquarters in completing the update of their guideline on preventing early pregnancy and poor reproductive outcomes in low-and-middle-income countries, and supporting its dissemination.
- ▶ I supported Enfants du Monde in going beyond training alone in an initiative aimed at building health worker performance in Burkina Faso,
- ▶ On behalf of WHO Headquarters, I supported the German National Institute of Public Health with updating the European Standards on Sexuality Education.
- ▶ I supported Rutgers in the development of a tool kit to support civil society organizations in strengthening government-led school-based CSE programmes, as a co-chair of their advisory committee.
- ▶ I supported the Geneva Foundation for Medical Education and Research in updating its eight-module ASRH course for Francophone West Africa, as a co-coordinator of the course.
- ▶ I supported Enfold Proactive Health Trust in developing policy briefs for departments of education in Karnataka, Telangana and Andhra Pradesh on strengthening their school-based sexuality and safety education programmes.

### Policy/programme support:

- ▶ I initiated work with the Enfold Proactive Health Trust in preparing a technical statement in support of their submission to India's Supreme Court on elements of the Protection of Children from Sexual Offences Act.
- ▶ I supported the Adolescent Health Chapter of the Indian Academy of Pediatrics to work with other professional associations to strengthen school-based and community-based sexuality education in India

### Sharing and learning:

- ▶ I participated in Pedicon 25, the 62nd Annual Conference of the Indian Academy of Pediatrics, Hyderabad, India (8-12 January) to build support for the Joint Medical Professional Associations' work on strengthening sexuality education in India.
- ▶ I contributed to a webinar led by the African Population Health and Research Centre for the Kenya launch of the Journal of Adolescent Health supplement stock-taking progress on very young adolescents (12th March)
- ▶ I supported WHO Headquarters in preparing for and conducting a webinar to launch the updated guideline on preventing early pregnancy and poor reproductive outcomes in adolescents in low-and-middle-income countries (8th May)
- ▶ I contributed to a webinar organized by WHO Europe and its partners to launch their new regional strategy on child and adolescent health (10th July)
- ▶ I delivered a presentation on Mamta Health Institute for Mother and Child's 35th anniversary titled: Mamta – celebrating the past, examining the present, imagining the future (9th September)
- ▶ I supported the African Population Health and Research Centre in planning and conducting a set of three webinars on safeguarding ASRH in the context of the current funding crisis (17th September, 22nd October, and 12th November)
- ▶ I contributed to a webinar on comprehensive sexuality education organized by Sexual and Reproductive Health Matters' North African Hub (17th October).
- ▶ I delivered the chief guest's address at the 15th iteration of Osmecon, a conference for undergraduate medical students, organized by Osmania Medical College India (27th-29th December)

